

# SHARING & CARING

126 BEAL PARKWAY SW  
FORT WALTON BEACH

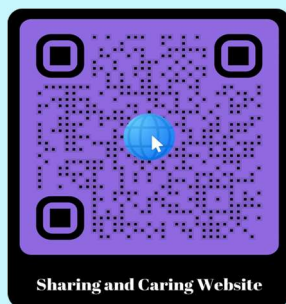
TELEPHONE 850-244-0778

[SUPPORT.SNCFWB@GCCOXMAIL.COM](mailto:SUPPORT.SNCFWB@GCCOXMAIL.COM)



WE HAVE HELPED OVER 510,000  
OKALOOSA CITIZENS IN THE FORTY  
YEARS SINCE SHARING & CARING  
OPENED ITS DOORS ON JANUARY 2, 1985,  
WITH FOOD, PERSONAL CARE ITEMS AND  
NOW PRESCRIPTION HELP FOR  
QUALIFYING CLIENTS

[www.Sharing-n-caring.org](http://www.Sharing-n-caring.org)



LIKE US ON FACEBOOK

<https://www.facebook.com/snci1985>



OPEN FOR  
ASSISTANCE &  
DONATIONS  
9 AM TO 12 NOON  
MONDAY THRU  
FRIDAY CLOSED  
ON ALL FEDERAL  
HOLIDAYS

## HOW YOU CAN HELP US SUCCEED

SPONSOR A FOOD DRIVE

- + Donate any non-expired, unopened food or new Personal Care Items
- + Give any size financial donation
- + Keep us in your prayers

With your help we provide food, prescription medication assistance and personal care Items once every thirty days from the client's last visit.

Any type of donated dog or cat food will be greatly appreciated

## SHOPPING LIST FOR



- PEANUT BUTTER
- RICE
- VEGTABLES
- ANY TYPE OF CANNED MEAT
- JELLY -- ANY FLAVOR
- FRUIT COCKTAIL
- CEREAL IN BOX OR BAG
- BUTTER OR MARGARINE
- SHELF STABLE MILK
- EGGS
- SLICED AMERICAN CHEESE
- HOT DOGS ANY VARIETY
- BOTTLED WATER
- MACARONI & CHEESE DINNER
- CANNED OR DRY SOUP
- DRY SPAGHETTI
- TUNA IN CANS OR POUCHES
- BEEF STEW CANNED OR POUCH
- RAVIOLI OR SPAGHETTI CANNED
- PORK N' BEANS
- POP TOP CANS OF VIENNA SAUSAGE, TUNA, BEANIE WEENIES, FRUIT COCKTAIL

**THESE ITEMS ARE GIVEN IN OUR FOOD BAGS**

**PURCHASE AS MANY AS YOU LIKE, ANY DONATION WILL HELP US FEED THE HUNGRY**

**UNOPENED PERSONAL CARE ITEMS WE ACCEPT:**  
TOILET PAPER  
DEODORANT  
LAUNDRY  
DETERGENT PODS  
SHOWER GEL  
BAR SOAP  
SHAMPOO  
TOOTHPASTE  
TOOTHBRUSHES  
DISPOSABLE  
RAZORS  
FEMININE HYGIENE PRODUCTS

**No expired, opened or homemade foods accepted**